

“God, Is That You?”

Distinguishing God’s Voice In The Midst Of A Health and Healing Journey



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THE REASON FOR CONFUSION

- Scripture references to God Speaking and them hearing a “voice”?
- Jesus spoke directly to people
- Human nature
 - Audible hearing
 - Impatient
 - If not an audible voice, than a “sign”!!!



“WHERE” IS GOD’S VOICE?

- “And He said, ‘Go out and stand on the mount before the Lord.’ And behold, the Lord passed by, and a great and strong wind tore the mountains and broke in pieces the rocks before the Lord, but the Lord was not in the wind. And after the wind an earthquake, but the Lord was not in the earthquake. And after the earthquake a fire, but the Lord was not in the fire. And after the fire the sound of a low whisper. And when Elijah heard it, he wrapped his face in his cloak and went out and stood at the entrance of the cave.” (1 Kings 19:11-13 ESV)

THE “WHERE”



- We think His “voice” is going to be much grander from a human perspective
 - Normal to booming, audible noise heard by our ears
 - Grandiose event or “sign”
 - His “voice” is in a “LOW whisper”
 - Soooo close to us, too low to hear
 - IT’S FROM WITHIN!
- “Wrapped his face in cloak” -Not in something to be “seen”

“WHAT” IS GOD’S VOICE?

- “Suddenly a SOUND LIKE the blowing of a violent wind came from heaven and filled the whole house where they were sitting. They saw what seemed to be TONGUES OF FIRE that separated and came to rest on each of them. All of them were FILLED WITH THE HOLY SPIRIT and began to SPEAK IN TONGUES AS THE SPIRIT enabled them... A crowd came together in bewilderment because EACH ONE HEARD their own language being spoken...’Aren’t all these who are speaking Galileans? Then how is it that EACH OF US HEAR’S THEM IN OUR NATIVE LANGUAGE?’” (Acts 2:2-4, 6-8 NIV)
 - (“How hear we every man in our own tongue?”- Acts 2:8 KJV)
- “...you will RECEIVE POWER when the HOLY SPIRIT comes on you” (Acts 1:8 NIV)

“How Does The Holy Spirit’s “Voice” Work? (How Can It Not Be Limited?)

- “But I say, WALK by the Spirit, and you will not gratify the desires of the flesh. For the desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh, for these are opposed to each other...the FRUIT of the Spirit is LOVE, JOY, PEACE, PATIENCE, KINDNESS, GOODNESS, FAITHFULNESS, GENTLENESS, and SELF-CONTROL; against such things there is no law!” (Galatians 5:16-18, 22-23 ESV)

THE “HOW”



- MUST CHOOSE IT! MUST CHOOSE TO WALK IN OBEDIENCE TO IT!
 - The Holy Spirit, God’s “Voice,” guides and directs you! (NLT)
- THE “VOICE” IS THE **FRUIT OF THE SPIRIT!!!**
 - “Against such things there is no law” (Galatians 5:23 NIV)
 - Not according to the “flesh,” worldly standards, principles, opinions, interpretation, etc.
 - IT WILL NOT BE A SOURCE OF QUESTIONING OR CONFUSION
 - “For God is not a God of confusion but of peace” (1 Corinthians 14:33 ESV)
 - UN-INFLUENTIAL!! UNAFFECTED!

The Holy Spirit's "Voice"

FRUIT OF THE SPIRIT



THE FRUIT OF THE SPIRIT



- The “Voice”
 - The Fruit is an internal “VOICE”
 - The Fruit is His Him, His Spirit, His Word, His gift of power within us
 - The Fruit is above the natural laws
 - Does not need interpretation from outside source, doesn’t need sound!
 - Nothing against them
 - The Fruit works on positive feedback loop- choose it, use it, see it work, learn to trust God’s ways, use again
 - ◆ *“Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is—His good, pleasing and perfect will” (Romans 12:2 NIV)*
 - The Fruit is used as our gauge - are we still “hearing His voice” and following it?
 - The Fruit is the healthiest posture of the soul (because most in alignment with WHO GOD IS!)
 - Different than a “feeling”

Jam Words...

Fruit-Centered Instructions

- ◆ “Love the Lord your God with all your heart and with all your soul and with all your mind...Love your neighbor as yourself” (Matthew 22: 39 NIV).
- ◆ “Therefore do not worry about tomorrow, for tomorrow will worry about itself” (Matthew 6: 34 NIV).
- ◆ “Do not worry about your life, what you will eat; or about your body, what you will wear. For life is more than food, and the body more than clothes” (Luke 12: 22-23 NIV).

Jeww' Words...

Fruit-Centered Instructions

- ◆ “Peace I leave with you; my peace I give to you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid” (John 14: 27 NIV).
- ◆ “I have told you this so that my joy may be in you and that your joy may be complete” (John 15: 11 NIV).
- ◆ “But I say these things while I am still in the world, so that they may have the full measure of my joy within them” (John 17: 13 NIV).

Fruit-Centered Instructions



- ◆ “And now these three remain: faith, hope and love. But the greatest of these is love” (1 Corinthians 13: 13 NIV).
- ◆ “Because human anger does not produce the righteousness that God desires” (James 1: 20 NIV).
- ◆ “But now you must also rid yourselves of all such things as these: anger, rage, malice, slander, and filthy language from your LIPS” (Colossians 3: 8 NIV).
- ◆ “For where you have envy and selfish ambition, there you find disorder and every evil practice” (James 3: 16 NIV).

Fruit-Centered Instructions

- ◆ “Give thanks in all circumstances; for this is God’s will for you in Christ Jesus” (1 Thessalonians 5: 18 NIV).
- ◆ “There is no fear in love. But perfect love drives out fear, because fear has to do with punishment” (1 John 4: 18 NIV).
- ◆ “Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God which transcends all understanding, will guard your hearts and your minds in Christ Jesus” (Philippians 4: 6-7 NIV).
- ◆ “Cast all your anxiety on Him because He cares for you” (1 Peter 5: 7 NIV).

Fruit- Centered Instructions

(Fruit, “Voice,” is HEALTHY!!)

- ◆ “A cheerful heart is good medicine, but a crushed spirit dries up the bones” (Proverbs 17: 22 NIV).
- ◆ “A heart at peace gives life to the body, but bitterness rots the bones” (Proverbs 14: 30 NIV)
- ◆ “Don’t you see that nothing that enters a person from the outside can defile them? ...What comes out of a person is what defiles them. For it is from within, out of a person’s heart, that evil thoughts come” (Mark 7: 18, 20-21 NIV).
- ◆ “Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is—His good, pleasing and perfect will” (Romans 12:2 NIV)

Fruit-Centered Instructions

(Fruit, “Voice,” is HEALTHY!!)

- “The mind governed by the flesh is death, but the mind governed by the Spirit is LIFE and PEACE.” (Romans 8: 6 NIV)
- “And if the Spirit of Him Who Raised Jesus from the dead is living in you, He Who raised Christ from the dead will also give life to your MORTAL BODIES BECAUSE OF HIS SPIRIT WHO LIVES IN YOU.” (Romans 8: 11 NIV)

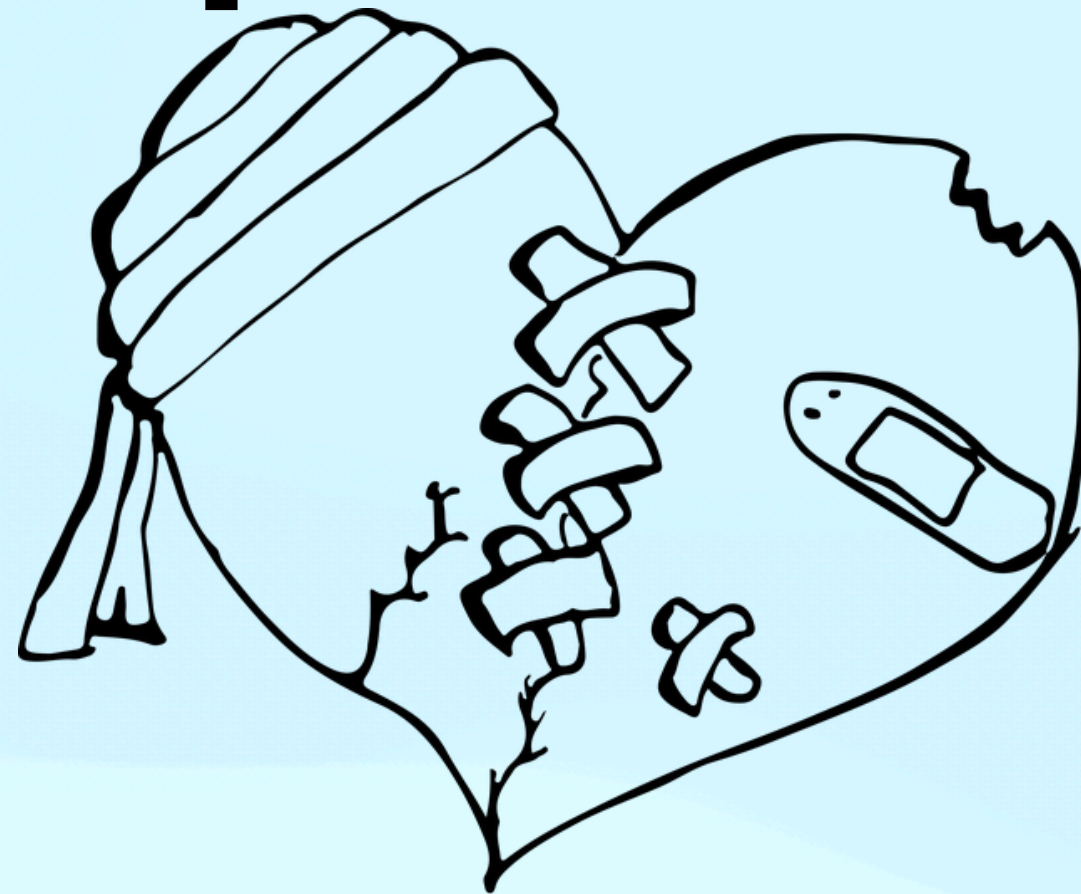


God's "Voice" Impacts Our Physical Health



- When we live in the heart postures of love, peace, joy, gratitude, etc....
 - INCREASED HEALING! *
 - INCREASED IMMUNITY!*
 - INCREASE IN THE ABILITY FOR THE BODY TO MAINTAIN "NORMAL" PHYSIOLOGIC FUNCTION! *
 - Keeps the balance of internal workings of body

God's "Voice" Impacts Our Physical Health



- When the we are living in prolonged states of fear, stress, anxiety, worry...
 - DECREASED HEALING*
 - DECREASED IMMUNITY*
 - DECREASE IN THE ABILITY FOR THE BODY TO MAINTAIN "NORMAL" PHYSIOLOGIC AND PHYSICAL FUNCTION *
 - Imbalance of internal workings of the body

PROVERBS 16 AND 18!

- “The plans of the heart belong to man, but the answer of the TONGUE IS FROM THE LORD. All the ways of a man are pure in his own eyes, but the LORD WEIGHS THE SPIRIT. Commit your WORK TO THE LORD and YOUR PLANS WILL BE ESTABLISHED. The Lord has made everything for a purpose, even the wicked for the day of trouble. Everyone who is ARROGANT IN HEART is an abomination to the Lord; be assured, HE WILL NOT GO UNPUNISHED. BY STEADFAST LOVE AND FAITHFULNESS INIQUITY IS ATONED FOR, and BY THE FEAR OF THE LORD ONE TURNS AWAY FROM EVIL. When a MANS WAYS PLEASE THE LORD, He makes even his enemies to be at PEACE WITH HIM. Better is a little with righteousness, than great revenues with injustice. THE HEART OF A MAN PLANS THEIR COURSE, BUT THE LORD ESTABLISHES HIS STEPS” (Proverbs 16: 1-9 NIV)
- “Death and life are in the POWER OF THE TONGUE, those who LOVE IT will eat its FRUIT” (Proverbs 18: 21 ESV)

How To Follow God's "Voice" On Your Daily Walk

Application

- "Whether you turn to the right or the left, your ears will hear a VOICE behind you saying, "This is the way; walk in it." (Isaiah 30: 21 NIV)
 - It is a complete trusting that following the Prince of Peace, no matter what path you are on or what you choose medically, that He is capable of healing you no matter what "you've" chosen as long as you are following His "Voice," His Fruit!!!
- "When you pray, go into your room, close the door" (Matthew 6: 6 NIV)
- "Do not worry about tomorrow, for tomorrow will worry about itself." (Matthew 6: 34 NIV)
 - Your decisions are step by step, moment to moment, day to day...
 - "Your Word is a lamp to my feet and a light to my path" (Psalm 119: 105 NIV)
- GET READY TO BE TRANSFORMED!!
 - "Ask and it will be given to you; seek and you will find; knock and the door will be opened to you...if you, then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give GOOD GIFTS to those who ask Him! So in everything, do to others what you would have them do to you, for this SUMS UP THE LAW AND THE PROPHETS" (Matthew 7: 7-12 NIV)
 - ◆ "Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—His good, pleasing and perfect will" (Romans 12:2)



How God's "Voice" Clarifies His Word

- ◆ "For our struggle is NOT AGAINST FLESH AND BLOOD, but against the rulers, against the authorities, against the of this dark world and against the spiritual forces of evil in the heavenly realms" (Ephesians 6: 12 NIV).
- ◆ "Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—His good, pleasing and perfect will" (Romans 12:2 NIV)
- ◆ "Be still, and know that I am God.." (Psalms 46:10 NIV)
- ◆ "The Lord will fight for you; you need only to be still" (Exodus 14: 14 NIV)
- ◆ "If you remain in Me and My Words remain in you, ask whatever you wish and it will be done for you" (John 15: 7 NIV)



The **ULTIMATE** Gifts Of God's "Voice"

- Gift of utilizing FAITH
 - Nothing shows more FAITH than when walk by the FRUIT OF JESUS' SPIRIT on a health and healing journey!!
- Gift of showing OBEDIENCE
 - THE FRUIT, is OBEDIENCE!! IT IS THE WAY, THE TRUTH, THE LIFE!
 - Often the "signs" come AFTER THE WALK IN OBEDIENCE
- Grow closer to God!
 - Listening is a crucial part to any relationship!
 - Trusting is a crucial part to any relationship!
 - Love and thanksgiving is a crucial part to any relationship!



QUESTIONS??

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Thank You!!!

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